

SPICES - Questions to ask the Youth as the Activities are Reviewed

Which of the SPICES have you worked on in doing this adventure?

- Social Physical Intellectual Character Emotional Spiritual

Remember: Not every one of the 6 SPICES will be part of every adventure, but over the course of the year, all the SPICES will be engaged many times.

Scouters: You won't need to use all of these questions every time you do review. Pick and choose the questions appropriate to the adventure and feel free to re-word them or add your own questions. If the answer given by the Beaver Scout is just "Yes" to any of these questions, invite the youth to tell you a story or give you an example to explain the "Yes."

Beaver Scouts

Social: I work with others as part of a team, sometimes leading and sometimes participating.

- Talk about how you talked with others in working on this adventure.
- Talk about how someone helped you or how you helped someone in completing this adventure.
- Talk about how you worked as a team with someone else.
- What did you learn about how people work together?
- Talk about how someone (another Beaver Scout, a friend, an adult, a parent, a Scouter, etc.) did something in a way that surprised you as you were working on this adventure.

Physical: I take care of my body and keep it healthy with good food and exercise.

- Talk about how you used your body in working on this adventure.
- How was your body physically challenged?
- How did you need to take care of, or protect your body in some way?

Intellectual: I love learning, creating, imagining and discovering.

- What did you learn that you didn't know before?
- Did you teach someone else something as you worked on this adventure? What did you do?
- How did you use your brain to figure out something for this adventure?
- What did you need to create in order to work on this adventure?
- What would you like to learn more about this?

Character: I am true to myself and I treat others with kindness and respect.

- What rules did you have to follow while working on the adventure?
- Were there people or places you needed to respect?
- What did you learn about yourself as you did this?
- How did you feel if you ran into difficulty? What did you do to deal with that?

Emotional: I talk about my feelings and share them in helpful ways.

- What did you learn about what you enjoy and what you don't enjoy?
- How did you feel as you were doing this adventure?
- What surprised you, frustrated you, delighted you or inspired you?
- Did you share what you felt with anyone? i.e. frustration, delight, etc.

Spiritual: I'm part of something bigger than myself: my family, my community, the world and God. I respect what others believe.

- What did you do that made a difference to you, to your family, to your community and/or to the world?
- What did you discover about what you believe about yourself? about others? about animals? about the world? about God?
- Did you discover something that someone else believes, that is important to them?
- Did you need to show respect to someone and what they believed? What was it?